



Rotary Club of Century City

Volume 22, Number 16

WEEKLY SQUIB

April 16, 2008

www.centurycityrotary.com

This Week At Rotary

Wednesday, April 16, 2008

BREEZE RESTAURANT IN THE CENTURY PLAZA

HOTEL

MARIO HOSTIOS

"Living Fit in L.A."

If you want to be fit, you have to Live Fit! The good news is that it may not be as difficult as you think. Your body is responsive, and responds to exercise, nutrition, and other lifestyle changes by looking, feeling, and performing in positive ways. Mario Hostios is a personal fitness trainer certified by the American Council on Exercise, and has over 20 years of experience in this field. His company, Live Fit LA Personal Training, has helped thousands among us improve their level of fitness and the quality of their lives. Isn't it time *you* made a change? Come learn from an expert exactly how you can do it !!

Your attendance at our weekly meetings is anticipated and greatly valued. Why not bring a guest and share the fellowship of your fellow Rotarians ? ? ! ! !

Next Week At Rotary

Wednesday, April 23, 2008

LISA LOPEZ TRIFILETTI

"The Century City Urban Design Plan"

Thought for the Day

"There's not much difference between Champ and Chump,
and the difference is U."

- Former Army Football Coach Tom Cahill

Rotarian Birthdays

Eric Hatfield – April 3

**Rotarian Wedding
Anniversaries**

Bill Upchurch – April 21

Rotary Anniversaries

Debra Frank – 1997
Eric Hatfield – 2003

IMPORTANT UPCOMING CENTURY CITY ROTARY CLUB AND DISTRICT 5280 EVENTS

Thursday, May 1, 2008

DISTRICT BREAKFAST

Featuring PATRICIA MURRAY, Air National Guard Major and Former Miss California

Westin LAX Hotel

5400 West Century Boulevard, Westchester

7:00 a.m. to 9:00 a.m.

Join with over 300 fellow Rotarians from our District for this enjoyable and informative gathering

Thursday, May 29, 2008

FIRST ANNUAL “SERVICE ABOVE SELF” GALA DINNER CELEBRATION

Honoring Entertainment Executive SHERRY LANSING and The Sherry Lansing Foundation

Hyatt Regency Century Plaza Hotel

2025 Avenue of the Stars, Century City

6:00 p.m. to 12:00 midnight

It's not too late to buy your tickets for this gala event. This is our Club's premier fund-raising event in support of worthy service projects in the local community and around the world.

Please contact Club President Shahram Hazany for additional information on these Club and District events.

ROTARY CLUB OF CENTURY CITY

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Honorary Director:

Herb Citrin

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Susan Bursk
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Roy Davis
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